



Namaste

join Angela D. Taylor for

Candlelight

Yoga & Meditation

September through **December**

The City Island Community Center, 190 Fordham Street

Select
Sundays

4:00 pm - 5:00 pm

Select
Wednesdays

7:00 pm - 8:00 pm

Bring your own mat and any props you may use for your practice.

Space is limited to 10 participants. Advance Registration required.

To register text Angela @ 914-484-2527
or email @ angeladerecastaylor@gmail.com

Please be sure to text in advance to ensure class
is happening and reserve your spot.

\$18 per class payments accepted via
Zelle/Venmo OR cash (in exact bills please)