

YOGA *in the park*



Hudson Park Children's Greenhouse
is offering a

FREE Summer Yoga Series

Yoga practice led by Angela D. Taylor

Wednesdays – 7/6, 7/13, 7/20, 7/27,
8/3, 8/10, 8/17, 8/24, 8/31

6:00pm – 7:00pm

Hudson Park – near Bandshell



Persons of all ages and abilities are invited to participate. Construction has begun on the Hudson Park Children's Greenhouse, located in Hudson Park on the Wildcliff parcel. This yoga series is healthy fun and to raise awareness and support for the new greenhouse. After yoga, stay for the concert! The concerts are sponsored by the New Rochelle Council of the Arts. Special thanks to our yoga sponsor this year Mary Jo Jacobs, Senior VP Insurance Advisor/Broker of USI Insurance.

Hudson Park Children's
GREENHOUSE
— NEW ROCHELLE, NEW YORK —

www.hpcgreenhouse.org
hpcgreenhouse@gmail.com

