

Namaste

join Angela D. Taylor for

Gentle Yoga

at The New Dawn Foundation
590 Davenport Avenue, New Rochelle

Bring your own mat and any props you may use for your practice.

Masks are optional.

Mondays 7pm – 8pm

May 9th, 16th, & 23rd and June 20th & 27th

(unless the NDF has booked a retreat or evening event)

Space is limited MUST reserve in advance to confirm class is taking place.

To register go to: www.angeladerecastaylor.com/yoga-sign-up

\$16 per class payments accepted via Zelle or Venmo:

Zelle 9144842527 or Venmo Angela-Taylor-501

To register text Angela @ 914-484-2527 or email @ angeladerecastaylor@gmail.com