



Namaste

join Angela D. Taylor for
gentle

Yoga & Meditation

May & June

The City Island Community Center, 190 Fordham Street

Sundays

4:00 pm - 5:00 pm
May 15, 22
June 19

Tuesdays

7:00 pm - 8:00 pm
May 24
June 21

Thursdays

7:00 pm - 8:00 pm
May 12, 19
June 16, 30

Bring your own mat and any props you may use for your practice.

Space is limited. Advance Registration required.

To register go to: www.angeladerecastaylor.com/yoga-sign-up

\$16 per class payments accepted via Zelle or Venmo:

Zelle 9144842527 or **Venmo** Angela-Taylor-501

To register text Angela @ 914-484-2527 or email @ angeladerecastaylor@gmail.com